

Lice Treatment



FOSTER
VILLAGE

1 Relax! Don't be scared! Check all members of the family for lice. Pets are fine—they can't get lice!

2 Find a place in view of a TV or device and set some towels down to protect the floor or chairs. Get out a nit comb, bottle of oil, regular comb, extra towel, paper towels, and a bowl of hot water.

3 Put a towel over the child's shoulders and use enough oil to cover all of the hair thoroughly. Then comb through first with a regular comb to detangle.

4 Use the nit comb and start in one spot and comb out 1 square inch at a time from all four directions and from the base of the scalp.

5 After each comb-through, rinse comb in hot water and scrape off excess onto paper towels. Continue combing until the comb comes out clean. Use hair clips to hold hair once it is combed through. Again, make sure all hair is covered in oil.

6 After combing through piece by piece, each side straight down and then all the hair straight back, put hair in a ponytail (if possible) and into the shower cap.

7 Leave hair oiled and in the shower cap as long as possible. Put a towel over a pillow to sleep or leave it on for the rest of the day.

8 Household cleaning. Put the nit comb in the dishwasher or boil it for immediate use after. Soak all combs and brushes in hot water (at least 130 degrees) for 10 minutes. Wash all sheets, blankets, pillows, and recently used clothes in hot water and dry on hottest cycle. Dry-clean things that can't be washed or place in sealed plastic bag for 1 week. Store stuffed animals in sealed plastic bags for 2 days. Vacuum couches, rugs, and carpets.

9 When ready to wash hair, first wash hair with dish detergent to remove oil, then wash as normal.

10 Repeat as close to 3 days and then 7-10 days after.

