



Caregiver Support



Foster Village's TBRI® Practitioners and Child Development Experts are available to your family to help with bonding, transitions, and behavior concerns. Our primary focus is connection, a fundamental principle in healthy relationships, and our program addresses the needs of the entire family, not just specific individuals. Although trauma-related concerns are similar, every family needs a unique plan to help them navigate their journey, so we provide individualized services and walk alongside you to happier, more fulfilling relationships.

Our Caregiver Support program has different degrees of guidance and help to provide the best option for you. Not everyone needs the full, three levels of support, so we will find the right starting point together.

CONNECT.

Our Connect Support consists of immediate crisis intervention and troubleshooting. This is best for families experiencing one-off situations who want real-time practices they can implement quickly.

Talk over the phone, virtually, and/or in person with us as often as you like to learn more about trauma-informed ways to connect with your child(ren), especially during discipline. We listen, problem-solve, redirect, and affirm to help you implement practices effectively, but do not visit the home or work with the entire family. We work with only one caregiver or both caregivers depending on your preferences and needs.

- One consultation (up to two hours) over the phone, virtually, and/or in person (an in-person consultation for Austin and surrounding areas only)
- Follow-up conversations on the phone, virtually, and/or in person as often as needed

LEARN.

Our Learn Support consists of individualized TBRI® training sessions tailored to meet not only the immediate needs, but the long-term goals of your family. This is best for families looking to learn more about holistic, trauma-informed care to build long-lasting connections with their child(ren).

Over the course of six weeks, we train you virtually and/or in person to promote bonding, and address ongoing behavior challenges and concerns across multiple environments such as home and school. We do not visit the home or work with the entire family. We work with only one caregiver or both caregivers depending on your preferences and needs.

- One consultation (up to two hours) over the phone, virtually, and/or in person (an in-person consultation for Austin and surrounding areas only)
- Six regularly scheduled TBRI® training sessions virtually and/or in person

GROW.

Our Grow Support consists of wraparound services for an amount of time determined by you and our team. This is best for families who are familiar with trauma-informed practices and interested in not only addressing individual challenging behaviors, but working together as a family to heal from trauma.

During the course of up to six months, we visit the home every other week for one hour to facilitate bonding activities with the entire family and guide you through individualized, intervention plans based on your family's strengths and needs. We support you between scheduled home visits to monitor progress and help implement recommendations effectively. Plus, we connect with additional service providers for holistic support.

- One home visit every other week (up to one hour) for up to six months
- One individualized, intervention plan with recommendations
- Ongoing strengths and needs assessments
- Unlimited phone/email check-ins between scheduled home visits
- Connections to additional service providers and resources

We know every family is special, so we provide different services for different needs. Pick one or a combo.

Contact us to learn which plan is right for your family: TaylorG@fostervillageaustin.org